

F A L L 2 0 1 4

the

Lac Sinclair

Newsletter

In this edition:

- Thank you Claude
- New dépanneur
- Muck in shallow bays
- Missing buoy
- 2014 water levels
- ...and more!



Fall 2014 President's Message

We were lucky to have had excellent weather for our three activities in the summer of 2014: Canada Day Fireworks; Esprit du Lac Regatta; and Fishing Tournament. Please see the relevant articles in this edition of the Bulletin for further details. If you left a Senators Bell Capital Cup hat behind at the Regatta, please contact me to arrange its return.

(Continued on page 2)



(Continued from page 1)

35 members attended the Annual General Meeting which approved the following members of the Executive Committee:

- David Hallman - President
- Claude Tremblay – Past President
- Colin Chesterman – Treasurer
- Mark Farrell – Director, Environment
- Megan Farrell – Director, Water Testing
- Maurice Legros – Director, Special Projects
- Karen McBride – Director, Social & Special Events
- Luc Vezina – Director, Web Site
- (Vacant) - Vice President
- (Vacant) – Secretary
- (Vacant) – Director, Special Project - Silt Reduction

Note that some positions on the Committee remain vacant. If you would like to volunteer to serve on the Executive Committee, please contact me at 613 747-7494; 819 456-4474.

Please mark Saturday 11 July in your calendars as the date for the 2015 Annual General Meeting to take place at the Ste-Sophie d'Aldfield Community Centre beginning at 10:00 AM.

Thanks to Colin Chesterman for his agreement to serve as our new Treasurer. Thanks also to the following volunteers who continue to perform these recurring responsibilities:

- Louise Bellefeuille-Prégent – Membership Secretary, with assistance from Yvon Prégent
- Brian Le Conte – Fishing Derby Convener
- Chantal Vaillancourt - Water Level Measurement.
- Roger and Joanne Smith – First Aid Resource
- Roger Smith – Financial Report Verification

We did not experience any extreme highs or lows in the water level of the lake over the summer, as shown in the accompanying chart.

These are our activity dates for the summer of 2015:

- Canada Day Fireworks: Saturday, 04 July
- Regatta, Saturday, 18 July; Rain date Saturday 15 August.
- Fishing Tournament, Sunday 01 August.

Look for more information closer to these times in subsequent e-mails, on our website www.lacsinclair.ca, and on our notice board at the corner of Chemin Cléo Fournier and Chemin Bernier/Chemin du Lac Sinclair.

Our website contains a wealth of information on our objectives, and on issues of special interest. As reported in an accompanying article, for 2015 you will be able to register and pay on line if you wish. Rest assured you will still be able to register and pay by completing the attached form and mailing it in. We have 161 registered members in 2014.

Best wishes for a bearable winter; see you at the lake next summer.

David Hallman, President

Claude Tremblay Recognition

Remarks delivered at a gala dinner on 25 January 2014 at the Ste-Sophie d'Aldfield Community Centre on the occasion of the presentation of a community service award to Claude Tremblay.

We are nominating Claude Tremblay for this award in recognition of his tireless efforts over the past four years as President of the Association du Lac Sinclair. Claude has been much more than a figurehead. He has gone above and beyond the call of duty, always with the best interests of the Association and the well-being of the lake and its environment at heart.

This has involved the usual tasks of organizing and chairing annual general and executive meetings plus not-so-usual challenges of dealing with water level complaints (it's either too high or too low); slightly higher than normal fecal coliform counts at one or two locations; structures edging too close to the shoreline; and the sudden appearance of beaver dams (see water levels above), to name a few.

During his two terms as President, several community activities were inaugurated, revived or strengthened (regatta, fishing derby; July first fireworks; spring and fall Newsletters) which will have long lasting beneficial effects for all those who spend time at the lake. As many of you here tonight might personally be aware, Claude is particularly effective at getting things done through intercession with political actors at various levels: municipal (both LaPêche and Low), regional and provincial.

While I understand she is receiving her own Community Centre award, I would be remiss if I did not mention the contribution that Nicole Croteau, wife of Claude, has made to the smooth running of the Association for the past four years, not only in her designated role as Secretary, but also in the way she has helped Claude meet the various challenges, including with certain computer operations. For his part, in his exalted role as Past President, Claude has continued to make a valuable contribution by inter alia taking on the roles of Treasurer and Advertising Manager. The guy never lets up!

Many thanks, Claude!

David Hallman, Acting President



Dépanneur du lac Now Open

After many months of waiting, the Dépanneur du lac officially opened its doors on August 15. It is situated where the Bernier store used to be at 1335 Cléo Fournier (819-456-4822). The new owner, Mr. Claude Charette, offers grocery products including beer and wine.

Mr. Charette wishes to continue what Mr and Mrs Bernier were offering in plumbing, electrical, hardware goods and various oils.

The opening hours are from 8 AM to 11 PM every day of the week. You need something and cannot go to the Dépanneur?, There is a delivery service available from 5 PM to 11 PM, with a minimum purchase.



Mr Charette hopes to begin selling gas next spring. Interac is available.

Buoy Missing

Your Association is seeking help from its members in locating a yellow buoy that seems to have freed itself from its mooring this summer. It may have drifted onto your property or onto your neighbour's. In order to avoid additional expenditure, we are asking you to call Mr Tony Lafrance if you have any information on this matter. You can reach him 819-456-2788; we will gladly come by and pick it up.

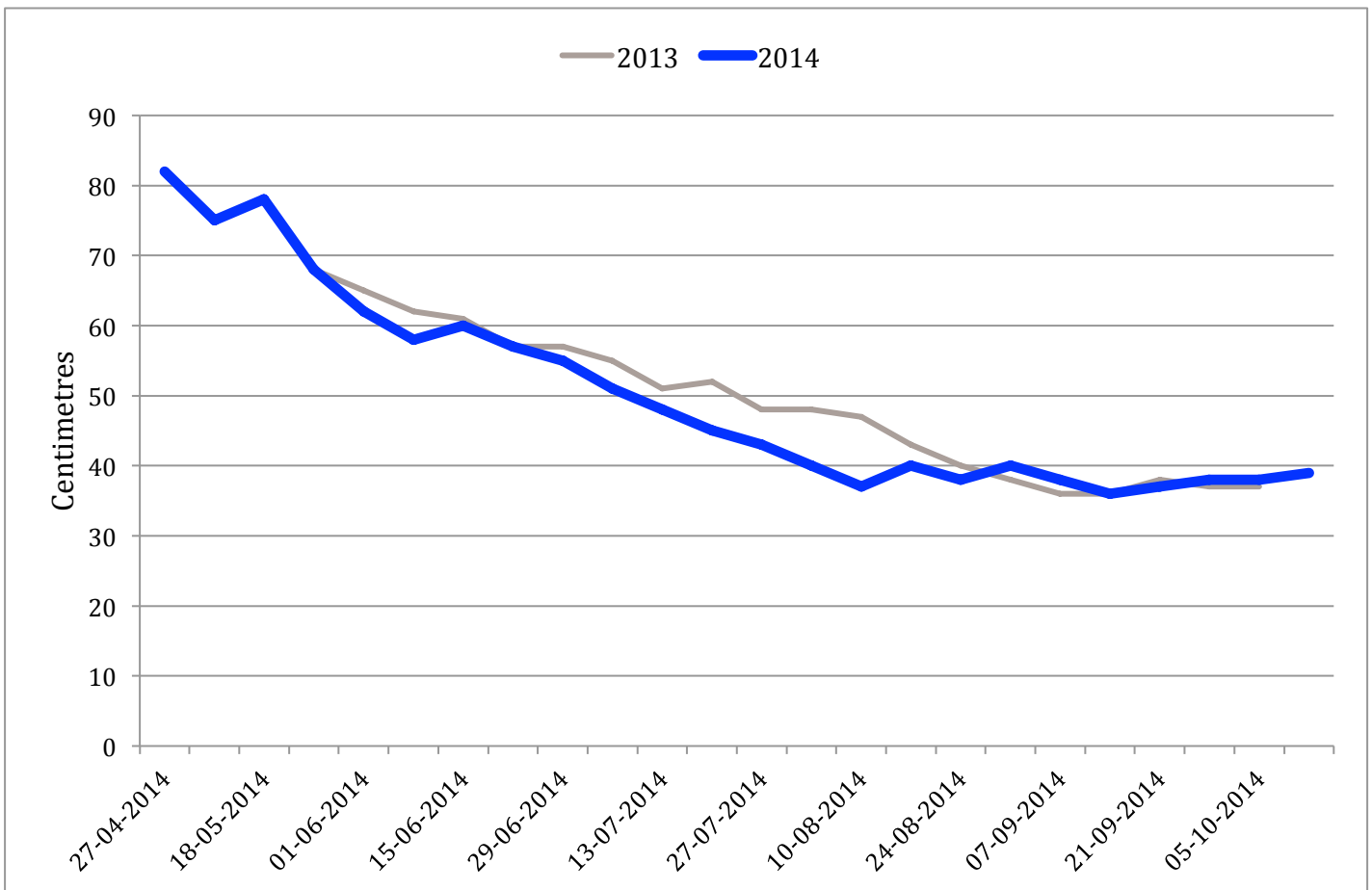



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 Claude Beausoleil, prop., Suzanne Beausoleil, Serge Beausoleil, Daniel Beausoleil

Water Levels



The average water level for 2014 was 50.1 cm, compared to 48.4 cm for 2013, 46.7 cm for 2012 and 50.2 cm for 2011.



Garage Jean-François Gauvreau, Inc.

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Fishing Tournament

2014 Fishing Derby - 29 boats and 77 fishers turned out on a beautiful August 10, 2014 to compete for a number of prizes provided by sponsors and the Association. The day started at 8.00 a.m. and finished at 1.00 p.m. in front of the residence of Tony Lafrance. A number of participants had signed up in advance, which made the organizers' jobs easier. Tony weighed the catches at his dock while David Hallman and Brian Le Conte kept track of the registrations and the results of the weighing. Prizes were awarded on Tony's beach at the end of the tournament:

Adults – the top three in both categories of fish received a trophy and gift. 1st prize was a combo of Shimano Sonora reel and Convergence pole; 2nd prize was a fishing knife set from Sail; 3rd prize was two Cotton Cordell lures, also purchased at Sail.

Winners were:

| | |
|---------|--|
| SM Bass | 1. Gregor Harris; 2. Chelsea Harris; 3. Courtney Plouffe |
| Pike | 1. Peter Silk; 2. Peter Silk; 3. Stephane Nadeau. |

Children – all participating children received a Shimano cap. The top three winners in all categories received a trophy and a gift. The first two prizes were Shimano combo; the third prizes were a Shimano IX reel.

Winners were:

| | |
|-----------|---|
| SM Bass | 1. Damien Levesque; 2. Jacob Percival; 3. Niko Levesque |
| Rock Bass | 1. Eloik Petrain; 2. Isabelle Gauthier, Damien Levesque, Jacob Percival, Eloik Petrain; 3. Corinne Joannis |
| Perch | 1. Isabelle Percival; 2. Alexandre Brouillet; 3. Isabelle Percival |

Prizes and signage were provided by our sponsors Shimano (Stephane Martin), Luc Richard and Mario Larabie Heating and Plumbing. 35 fish were presented for weighing by adults (7 pike and 28 small mouth bass) while the children had fun with plenty of small bass and perch. For a complete report, including the weights of the top fish in all categories, as well as more pictures, please visit the Association website at www.lacsinclair.ca under News and Stories.

If you have additional photos you would like to add, please identify the participants when sending to lacsinclairinfo@aol.com. The fish that were caught and released hopefully will grow and join us for another great event in 2015!

Brian LeConte



Mortal Danger: Winter Buoys Being Shot

As you know, every autumn your Association replaces the yellow buoys with white plastic bottles to prevent damage to the buoys caused by snowmobile traffic and ice. Lately, the Association has noticed that when the white buoys were taken out in the spring many of them had been fired on by shooters. In view of this development your Association contacted the National Firearms Association of Canada and asked for their comments. Here is the text of the reply received from the Field Officer of the National Firearm Association:

“Good day to all owners of houses or cottages that surround our beautiful Lac Sinclair. I am writing you to denounce an illegal and dangerous act taking place on the lake. There is currently one or more individuals who are using a firearm illegally.

This individual is shooting at buoy markers on the lake. This act is very dangerous and contravenes federal and provincial laws. A bullet fired in the water can be very dangerous or even deadly since scientifically nobody can predict its trajectory.

I urge anyone who notices this illegal and dangerous act to call the authorities immediately.

Thank you all for your support in this matter.”

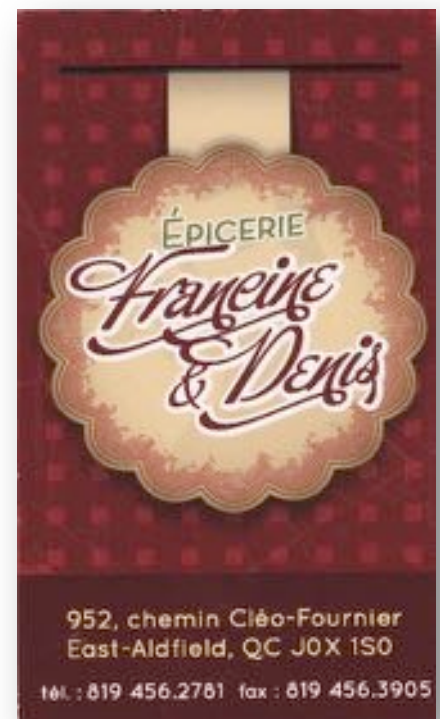
Luc Thivierge CD
National Firearm Association
Field officer

Snorkeling at the Lake

Michael Davidson sent us a link in which he presents a series of videos he has taken under water while snorkeling at Lake Sinclair. From these videos, it seems that the fish population is doing well.

The soundtrack was composed by Jim Pepper, jazz saxophonist, composer and Native American singer. It comes from the album *Witchi-tai* released around 1969.

<http://youtu.be/wVInGdUL8s4>



Please support our sponsors

Your membership fees represent only a portion of the association's budget, which is put towards water testing, navigational buoys, the website, printing this newsletter, and social activities such as the Canada Day fireworks, fishing derby and regatta.

Sébastien Aubin et Nadine LaCasse

Pharmaciens **brunet** 

895 ch Riverside,
Wakefield Québec J0X 3G0
(819) 459-2884

Heures d'ouverture:

*Lundi au vendredi 9h00 à 20h00.
Samedi 9h00 à 17h00. Dimanche 10h00 à 16h00*



Ste-Sophie of Aldfield
Community Centre
951 Cléo Fournier Rd.
La Pêche Qc. • 819-456-4869

For reservations

To reserve the hall at the Community Centre for your association, your group or for a family reunion, reserve your space at

819-456-4869



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Rejuvenation Project of the Bays in Lac Sinclair

At the Annual General Meeting last July 5, we were made aware of the need to find a way to eliminate the organic matter that has accumulated over the years in certain bays. This silt is adversely affecting wildlife as well as our ability to enjoy swimming along the waterfronts of certain properties on the lake.

The following bays -- Baie Simon, Baie des canards, Baie des Hickey -- could benefit from the installation of equipment to further oxygenate the water. Each concerned owner interested in the project would be responsible for the installation and maintenance of the mechanism on his or her private property.

The Association will bear no responsibility for this activity, but wishes to inform interested members of available solutions that have proven effective elsewhere without adversely affecting wildlife.

In no case will there be dredging of the bottom of the lake; instead a pump, powered by either electricity or a small wind mill, would be installed on private land to pump air through discs at the bottom of the lake.

Mr. André Gauthier, member of the Working Subcommittee, has prepared the following presentation (<http://lacsinclair.ca/silt/SILTpresentation.pdf>) furnished by the WeedsBGone Company and LakeSavers Canada, describing the procedure in detail and providing a video link.

According to our research, a similar process has been successfully used in our area. The windmill system installed in Lac Lola is from the Fish Farm Supply Co. and was authorized by the La Pêche Municipality, without having to get authorization from the Provincial Government.

The Fish Farm Supply Co. offers various alternatives depending on the size of the area needing oxygenation. Information on equipment required and costs as follows: <http://lacsinclair.ca/silt/SILTmill.pdf>

This windmill mechanism uses no outside electricity, thus being less expensive in the long term. It provides a medium term improvement, respects wildlife and needs little maintenance except for antifreeze in the winter.

As a reference tool, the Association will use the attached bathymetric chart (<http://lacsinclair.ca/silt/SILTdepth.pdf>) produced by Quebec's ministère du Développement durable, de l'Environnement, de la Faune et des Parcs to identify the bays affected by silt build-up.

The Working Subcommittee is waiting for a response from the La Pêche Municipality concerning the authorization to install the proposed oxygenation equipment.

We invite all owners concerned by this project to join the Working Subcommittee on the rejuvenation of the bays in order to validate the details concerning the installation of the mechanism, its operation, and the procurement of the necessary municipal authorizations.

The members already involved in the Subcommittee are Mario and Angel Larabie, Daniel Hébert, André Gauthier, Nicole Croteau and Claude Tremblay.

You may give your contact information to Nicole Croteau, Subcommittee Coordinator, at 819-456-2373

2014 Regatta Photos



WAKEFIELD
& CHAMBERLIN'S LOOKOUT
MAGASIN GENERAL STORE
est. 1970
BISTRO & BOUTIQUE
7:30am - 9pm
459-2808



Second annual Regatta "Esprit du Lac"

There was another great turnout on July 12th for an enjoyable afternoon of beach games and swimming and canoe/kayak races under a brilliant blue Lac Sinclair sky.

Thanks to organizers Karen McBride, Megan Farrell and Heather Earl and to Andrew Brook for his generosity in allowing us to use his waterfront.

David Hallman





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Water Testing

The association conducts two rounds of testing for E. coli each year. On the next page a map displays the results for the samples taken in June and in September. In Quebec, beaches are closed when 200 E. coli colonies are found in 100 ml of water. In Ontario, the limit is set at 100 E.coli colonies per 100 ml.

Also, this year we did one round of testing (5 samples) in July of:

Total Phosphorous.

Phosphates enter waterways from human and animal waste, phosphorus rich bedrock, laundry, cleaning, industrial effluents, and fertilizer runoff. These phosphates become detrimental when they over fertilize aquatic plants and cause stepped up eutrophication. Excess phosphorus causes extensive algal growth called "blooms," which are a classic symptom of cultural eutrophication and lead to decreased oxygen levels in water.

All samples were <0.02 mg/L. (normal)

Chlorophyll A.

Chlorophyll is essential to the existence of phytoplankton. Phytoplankton can be used as an indicator organism for the health of a particular body of water. Monitoring chlorophyll levels is a direct way of tracking algal growth. Surface waters that have high chlorophyll conditions are typically high in nutrients, generally phosphorus and nitrogen. These nutrients cause the algae to grow or bloom. When algae populations bloom, then crash and die in response to changing environmental conditions, they deplete dissolved oxygen levels - a primary cause of most fish kills.

All samples were <1.0 microg/L. (normal)



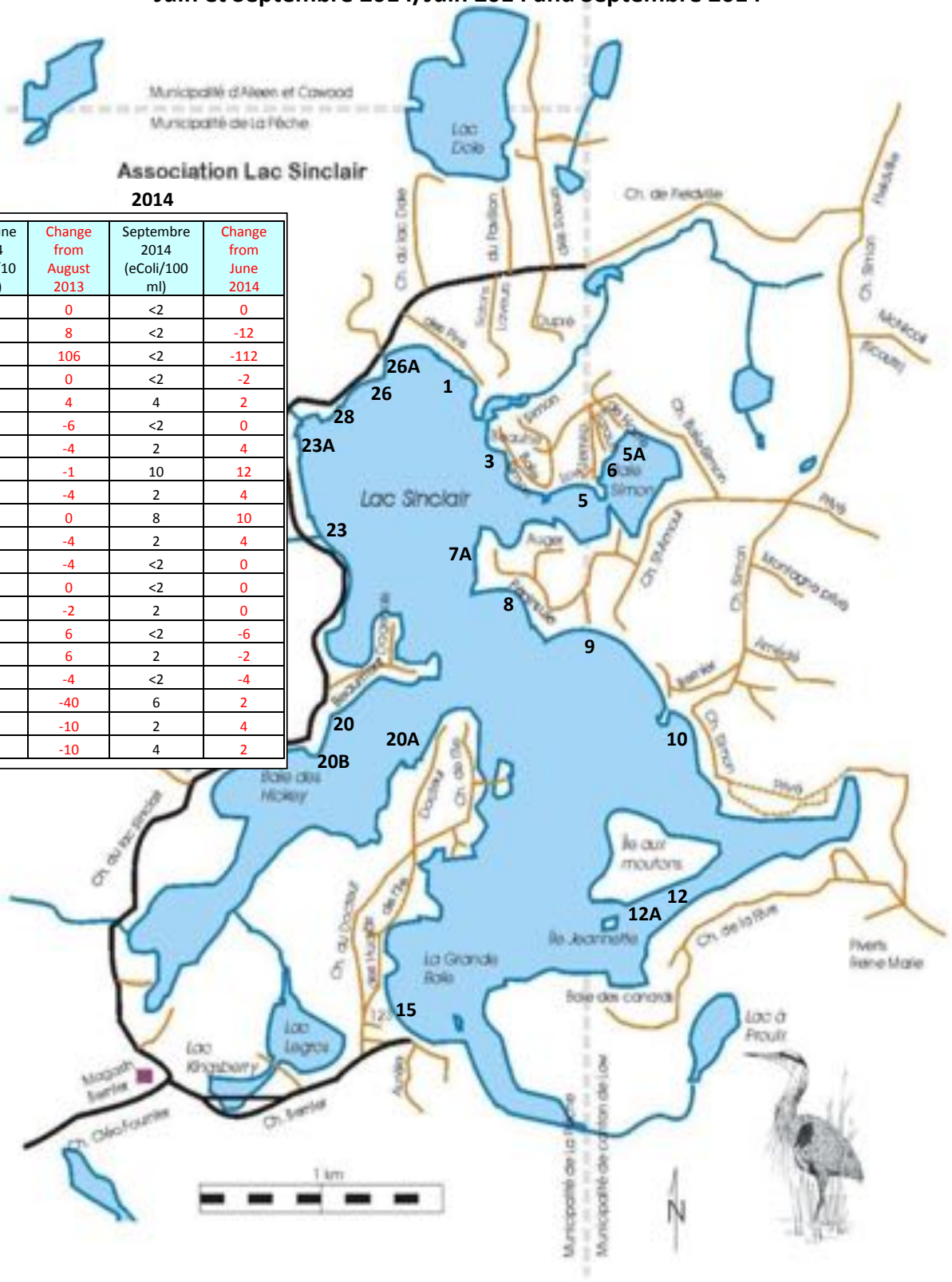
Lac Sinclair - E.Coli

Juin et Septembre 2014/Juin 2014 and Septembre 2014

Association Lac Sinclair

2014

| Station | Juin-June 2014 (eColi/100ml) | Change from August 2013 | Septembre 2014 (eColi/100ml) | Change from June 2014 |
|---------|------------------------------|-------------------------|------------------------------|-----------------------|
| 1 | <2 | 0 | <2 | 0 |
| 3 | 10 | 8 | <2 | -12 |
| 5 | 110 | 106 | <2 | -112 |
| 5A | 2 | 0 | <2 | -2 |
| 6 | 2 | 4 | 4 | 2 |
| 7A | <2 | -6 | <2 | 0 |
| 8 | <2 | -4 | 2 | 4 |
| 9 | <2 | -1 | 10 | 12 |
| 10 | <2 | -4 | 2 | 4 |
| 12 | <2 | 0 | 8 | 10 |
| 12A | <2 | -4 | 2 | 4 |
| 15 | <2 | -4 | <2 | 0 |
| 20 | <2 | 0 | <2 | 0 |
| 20A | 2 | -2 | 2 | 0 |
| 20B | 4 | 6 | <2 | -6 |
| 23 | 4 | 6 | 2 | -2 |
| 23A | 2 | -4 | <2 | -4 |
| 26 | 4 | -40 | 6 | 2 |
| 26A | <2 | -10 | 2 | 4 |
| 28 | 2 | -10 | 4 | 2 |





Lac Sinclair Association Membership Form 2015

****New!**** Association Membership fees can now be paid online at
<http://lacsinclair.ca/membership/membership.htm>

Please complete the following form and mail it along with a cheque for \$20 made out to Association Lac Sinclair to the following address:

Association du Lac Sinclair
Boîte postale 146
La Pêche, (Québec) JOX 2W0

| |
|---|
| Renewal: _____ |
| Name(s): |
| Address at the lake: |
| Telephone number at lake: |
| Telephone number at home: |
| Mailing address: |
| Language preference : Français : ___ English: ___ |
| Would you like to be on the associations mailing list? YES ___ NO ___ If yes, please add the following address to your safe sender's list: lacsinclairinfo@aim.com |
| Email address: |
| Comments : (How can the association help you?) |
| We are always looking for volunteers and people to join the association executive. Would you be interested in participating, and in what capacity? |