

Spring 2018

# Lac Sinclair

Newsletter



## In this edition:

- President's message
- Boat washing
- Crime
- A bit of history
- Water Quality
- and more



## Message from the President

We cannot say that the summer of 2017 and the winter of 2017-2018 were in our favor, starting with large quantities of snow followed by torrential rains, a summer that left us wanting a summer and then a winter of hell. Hoping that all this is behind us; and we start again...

The Association hopes to count on your support for the year 2018 and the years to come. Please encourage your friends, family members and neighbors to support the Association through the annual fee of \$ 25 per year. There are approximately 375 properties around the lake and only 128 responded to our call in 2017. There have been years where the number of members was over 180. Your membership will help us greatly in supporting our goals and ongoing projects:

- ✓ Efforts to maintain an acceptable water level in Lac Sinclair
- ✓ Water analysis: e-coli, phosphorus, chlorophyll, clarity of water and its level
- ✓ Installation and removal of buoys
- ✓ Organization of various activities
- ✓ Boat wash station

Just to name a few...

Your association is also a member of the **Regroupement pour la protection de l'eau de la Vallée-de-la-Gatineau**, which has the following priorities:

- Support local associations
- Ensure the focus of different groups and organizations on the protection of water
- Sensitize residents and users
- Collect and disseminate information
- Promote riverbank revitalization
- Follow up on the issues related to the protection of lakes and rivers, and intervene
- Engage citizens in the protection of water

Your Executive Committee whom I want to thank very much for their hard work and dedication with their contact information:



From left to right:

- David Hallman – Past President: Home 613 747-7494 Cottage 819 456-4474
- Colin Chesterman – Treasurer: [Chestecc@sympatico.ca](mailto:Chestecc@sympatico.ca), Cottage 819 456-2939
- Megan Farrell – Director, Water Testing, Social & Special Events: [megan\\_gallagherfarrell@yahoo.ca](mailto:megan_gallagherfarrell@yahoo.ca)
- Mark Farrell – Vice President and Director, Environment: [mfarrell@inspiredevelopments.ca](mailto:mfarrell@inspiredevelopments.ca), Cottage 819-456-1041
- Maurice Legros - Director, Advertising: [jemlegros@gmail.com](mailto:jemlegros@gmail.com)

- Jocelyne Alain – President: [jocelyne2855@gmail.com](mailto:jocelyne2855@gmail.com), Cottage 819-456-3589
- Luc Vezina – Director, Web Site: [luc.vezina@gmail.com](mailto:luc.vezina@gmail.com), (613) 853-0517
- Suzanne Larocque – Secretary (absent): [smlarocque1@hotmail.com](mailto:smlarocque1@hotmail.com), Cottage 819-456-1911
- (Vacant) - Director, Special projects

I particularly want to thank our volunteers who carry out these recurring responsibilities year after year:

- Yvon Prigent and Louise Bellefeuille-Prigent – Membership Secretary
- Brian Le Conte – Fishing Tournament Organizer
- Roger and Joanne Smith – First Aid Resource
- Roger Smith – Financial Report Reviewer
- Chantal Vaillancourt Scott – Water Level Measurement
- Kevin Scott – Water Clarity Measurement

**Please note on your calendar on Saturday, July 7th, the date of the 2018 Annual General Meeting to be held at the Ste-Sophie d'Aldfield Community Center starting at 10:00 am. I invite you to come in large numbers since we require quorum to pass motions and confirm members of the executive. We also expect the presence of councillors from our two municipalities to inform us about upcoming changes.**

Here are the dates of activities for the summer of 2018:

- Canada Day, Fireworks: Saturday, **June 30**
- Fishing tournament: Sunday, **August 5th.**

This information will also be communicated to you by email, on our website [www.lacsinclair.ca](http://www.lacsinclair.ca), our Facebook page and on our bulletin board at the corner of Chemin Cléo Fournier and Chemin Bernier / Chemin du Lac Sinclair.

The Association wishes to thank the Municipality of La Pêche for its annual grant, and for a grant for our activities; this financial support is much appreciated. We also wish to thank the Ste Sophie d'Aldfield Community Center for their much appreciated assistance with the Boat Wash Station as well as the rental of their meeting room for hosting our AGM and the Diocese of Pembroke for the use of the parking lot.

On behalf of the Association, we wish you a great summer and hope to meet you at Lake Sinclair.

Jocelyne Alain



# Lake water related matters: Water testing, clarity, depth and boat washing.

## Water testing

We will be testing for ecoli readings twice this season as per usual at 25 predetermined sites around the lake; once in late June and again in late August. Ecoli is measured to gauge the cleanliness of the water for swimming purposes. Historically, we've enjoyed excellent results and look forward to reporting on this year's results later in the summer.

As part of our participation in a Quebec Government water study for the last six years, we will also be testing for phosphorous and chlorophyll levels at one site where we've been measuring water clarity for this study. The testing costs are heavily subsidized by the Government.

## Water levels

The water level is measured weekly (thanks to the efforts of Kevin Scott and Chantal Vaillancourt). These readings will be reported as usual in our fall newsletter.

## Water clarity

As mentioned above, we've been part of a Quebec Government study of lake water quality. This will be our seventh year participating. We've begun taking measurements at the same spot in the lake already and will report on these findings in the fall newsletter.

## Boat washing

The boat washing station is up and running again this year in the parking lot of the Ste-Sophie d'Aldfield Community Centre across the street from the general store. It is very important that all boats, trailers and other vessels that have been exposed to other bodies of water (other than Lake Sinclair) are thoroughly washed prior to being put back into the lake. Foreign invasive species are very prevalent in surrounding lakes and rivers and are easily transported to other bodies of water causing irreparable harm in many cases. There is no charge for using the boat wash and it only takes a few minutes to do. Be sure to pass this info on to your guests who may bring a boat or other water vessel with them when visiting.

## Soap products

It is recommended to use biodegradable products that degrade in less than 30 days such as La Parisienne and Attitude. These products are phosphate free. Phosphorus containing products

### Sébastien Aubin et Nadine LaCasse

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*Samedi 9h00 à 17h00. Dimanche 10h00 à 18h00*

increase the level of chlorophyll in the lake which in turn leads to increased algae and plant growth and reduced oxygen levels for fish.

## History of Lake Sinclair and Its Surroundings

### From the Toponymy Commission

"The name Sinclair Lake has been official since 1968. We do not have precise information on the origin of the name, but it is very likely that the name comes from a Sinclair family. In fact, there was a Sinclair in Pontiac County as early as 1828 (List of Lands Granted by the Crown, 1763-1890, page 1842). This would also be the case for the MacDonalds; the first family would have arrived as early as 1842. The name Lake MacDonald was in local use before. For example, this name appears on the map of Aldfield Township in 1942 and on that of the County of Pontiac in 1940. However, this name has never been official; it is the name Sinclair Lake that has been formalized, maybe because it was used more locally than Lake MacDonald to designate the entity. Moreover, on a map of the Ministry of Lands and Forests dating back to 1944, it is the name Sinclair Lake that appears. Local use probably changed in the early 1940s, but I cannot tell you the reason for the change. The Urban Planning Department of the Municipality of La Pêche also confirmed in 1996 that the name Lake Sinclair was in use. "

### Extract from a 2003 Newsletter:

"One of our lake's treasures is the uninhabited big island, formally known as Ile Aux Moutons. Why that name?

Years ago the Bernier family operated a farm along today's Chemin Simon, just north of the island. Each spring they would take their sheep across the ice to the island, where they would graze contentedly all summer long, free from predators like bears and wolves. In those days the island had few trees and lots of grass. In the early winter, as soon as the ice froze, the sheep (and the lambs born on the island) would be marched back to the farm. But that practice ended about 80 years ago. Then the trees grew up, returning the island to its wilderness condition.



Today the island provides a wonderful destination for picnickers who boat over to the small beach near the northwest tip, across from Chemin du Docteur.”

2003 - “Dry hydrants (pipes that go into the water, below the frost line) have been installed at two locations around the lake so that firemen can refill their tanker truck locally, if needed to fight a fire in the winter.”



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2003 - “Did you ever wonder about the names of our local streets? Some are obvious, like Chemin du Lac Sinclair. There are actually two streets named Chemin Bernier, one in each adjacent municipality (La Pêche and Low). Other streets are also named after people who live there, like Simon and Dagenais and Auger. Chemin du Docteur is named after Dr. Jaworsky, a medical doctor who helped local residents with health problems from his cottage there, until he moved away in the 1970s. Chemin Cléo-Fournier was named after former Mayor of La

Pêche, who helped improve the road access to our lake during his two terms as mayor (1975 to 1983). The newest street name is Chemin des Ratons Laveurs (Raccoon Road). It was formerly Chemin Ruisseau, but there were several other streets in La Pêche with the same name. The municipality changed that street sign in June of this year.”

#### **Extract from the archives of La Pêche Municipality:**

“The Township of Aldfield was established in 1882. It was up the La Pêche River to Wolf Lake and by opening new logging sites that more settlers were fortunate to find a winter job. Soon, more and more families are settling on the deforested lands. The timber trade is booming, and many settlers are trying their luck in business by operating sawmills and logging and log transport. A chapel was built in 1893, and then the village took shape with the construction of a general store, a post office and a school of rank. The chapel was demolished in 2009 to make way for the Ste Sophie d’Aldfield Community Center.

Aldfield comes from “ald”, old English word meaning old in modern English, and field meaning “field”.

### From an interview:

The Bernier family operated a sawmill for about 12 years (from 1952 to around 1965) that employed a dozen men; it was located behind Marius Bernier's place. They would use the sawdust and hay to preserve the ice blocks for their coolers. In the 1970' there was no road around the lake in the spring (now know as ch du lac Sinclair); it was flooded and residents had to go through Low to reach their homes. Even further back, they would put logs sideways in the water around the lake and travel the road using a wagon.



## Crime Statistics - La Pêche in the Vicinity of Lac Sinclair

- Crimes against property: 3 (2 breaking and entering and 1 simple theft)
- Crimes against the person: 3 (2 assaults and 1 criminal harassment)
- Alarm: 1
- Civil case: 1
- Complaint of noise: 1

Given the arrival of the summer season, here are the links related to boating safety:  
[www.tc.gc.ca/boatingsafety](http://www.tc.gc.ca/boatingsafety)

It is possible for people to follow our activities through our various media platforms:  
Website: [www.sp.mrcdescollinesdeloutaouais.qc.ca](http://www.sp.mrcdescollinesdeloutaouais.qc.ca)  
Facebook: on Sécurité publique MRC des Collines  
Twitter: [https://twitter.com/Police\\_MRC](https://twitter.com/Police_MRC)

We also have an exclusive Twitter page dedicated only to neighborhood monitoring:  
<https://twitter.com/policemrcSVNW>

It is mandatory to have a license to own an alarm system. Here is the link to register and get "this license for free": <https://f.mrcdescollines.com/alarmes/>

Here is a link concerning municipal bylaws regarding noise and peace and good order (French only): <http://www.villelapeche.qc.ca/downloads/Reglements/17-RM-04%20paix%20et%20bon%20ordre.pdf>

Regulation concerning animals: <http://www.villelapeche.qc.ca/downloads/13-RM-02%20Version%20anglaise.pdf>

Martin Fournel  
Sergeant in charge of Prevention Section,  
Community and Public Relations  
Public Safety MRC des Collines-de-  
l'Outaouais, 7, Chemin Edelweiss, La Pêche  
(Qc) J0X 3G0  
[mfournel@mrcdescollines.com](mailto:mfournel@mrcdescollines.com)  
[www.sp.mrcdescollinesdeloutaouais.qc.ca](http://www.sp.mrcdescollinesdeloutaouais.qc.ca)  
Telephone: 819-459-2422 ext. 3262  
Toll free 1-877-459-2422 ext. 3262  
Twitter @police\_MRC / @MartinFournel

<p><b>Ste-Sophie d'Aldfield Community Centre</b> 951 Cléo Fournier Rd. La Pêche Qc.</p> <p><i>Hall Rental (110 pers capacity) full kitchen available</i> reserve our space for your next family reunion, meeting or party call <b>819-456-4869</b></p>	
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## Crime Statistics - Municipality Low 2014-2017 (Entire Territory)

	2014	2015	2016	2017
Criminal fires	1	1	0	0
Breaking and entering	13	7	7	10
Simple thefts	6	6	3	4
Vehicle thefts	4	3	2	3
Concealment	0	0	0	0
Frauds	1	1	2	0
Mischief	4	5	3	0
<b>TOTALS</b>	<b>29</b>	<b>23</b>	<b>17</b>	<b>17</b>

*Retrieved on 2018-03-22 by Lt Pascal Rochon, Sûreté du Québec*

## Warnings!!

### Buoys

Warning!!! Warning!!!

Should anyone notice a buoy floating astray, please bring it to the end of your dock; it will be picked up by the person responsible for the buoys.

## Bathing in the lake

Warning!!! Warning!!!

In order to keep the phosphorus level to a minimum and keep our lake as clean as possible, we strongly recommend that bathers do not use soap or shampoo in the lake. Not should pets be washed in the lake.

## Did You Know?

### 2018 Municipal Infrastructure Projects – La Pêche municipality

This year's list of construction and repairs to be undertaken by the municipal Public Works crew is now available to the public. [More...](#)

This year's [list of construction and repairs](#) to be undertaken by the municipal Public Works crew is now available to the public.

- Ch du lac Sinclair is listed under number 36 on this list



## Construction and HHW (Household Hazardous Waste)

Info La Pêche, February 2018 edition:

In this edition, there is an article that explains how to get rid of our construction waste and HHW: in addition, it is mentioned that household hazardous waste should not be mixed with dry building materials to avoid contaminating them. To get rid of HHW, there are three municipal collections scheduled for May, July and September 2018. You can also bring them to the trans-shipment station of the MRC des Collines de l'Outaouais, open from May 1 to September 30 every year: Visit the page Web of the transhipment station at [www.mrcdescollinesdeloutaouais.qc.ca/30-residus-domestiques-dangereux](http://www.mrcdescollinesdeloutaouais.qc.ca/30-residus-domestiques-dangereux)

This little newspaper Info La Pêche contains good information that could sometimes be useful for residents of Lake Sinclair. One publication per month - I invite you to consult it by following this link:

<http://www.villelapeche.qc.ca/en/municipal-services/communications/info-la-peche-en/>

Another small newspaper that could be of interest to you is the *Low Down to Hull and back news*, which is available at East Aldfield's P'tit magasin général for just \$ 1.50 - a weekly issue. You can also consult it by following this link:

<http://www.lowdownonline.com/>

Garbage collection:

I would like to inform the residents of ch Baie Simon that from now on garbage will be collected 12 months a year.



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# Water Level

Dear members:

Through this spring 2018 newsletter, I would like to share with you the steps that were taken last fall and winter to help maintain a water level acceptable to all.

I would also like to thank all residents who have communicated their concerns about the water level and especially those who communicated them to the Municipality of Low. Officials from Low visited the site a few times last fall to remove the beaver dams. It is important to know that in the future, when a call is made to the Municipality of Low, a complaint number is assigned. Be sure to ask for this number when calling.

In the case of Sinclair Lake, there are beaver dams on Sinclair Creek (sometimes called Stag Creek) which is the main lake exit. These dams cause high water in the lake which contributes to shoreline erosion along Chemin du lac Sinclair. Most importantly, the dams also result in low water in the creek which causes insufficient water supply for the Fire Department's Chemin Simon Dry Hydrant.

In the Info La Pêche, January 2018 edition, the Fire Safety Service published an article that explains the 2 different types of fire protection system including the "dry hydrant" we find on chemin Simon. This dry hydrant is a 6-inch diameter pipe that that draws water from the creek. The fire truck connects directly to the pipe to pump water as required when fighting a fire.



In order to maintain acceptable water levels for the dry hydrant, the municipality must ensure that lake water is not hindered from flowing through the creek; water flowing out of the lake through the creek is replaced naturally by rainfall, springs and a few small streams flowing into the lake from surrounding hills.

You will find below a list of the steps taken with the Municipality of Low, the Municipality of La Pêche and both MRCs:

**17 November 2017 email to Low Municipality, Francesca Gnarowski D.G. :**

As you may be aware from correspondence in previous years, we have always had serious problems with beaver dams on Lac Sinclair, this year more than ever when the dams plus excessive rainfall have combined to produce record high water levels.....

**January 28, 2018 - Meeting with Luc Thivierge, Councillor, Municipality of Low** who recommends that we write a letter requesting the drafting of a regulation to fight the beavers dams at both ends of the lake, to guarantee a service of water to the firemen and fight the erosion of the territory.

**February 1, 2018 - letter mailed to the mayor of the 2 municipalities and to Réjean Desjardins, Councillor of Ward 1 of the Municipality of La Pêche:**

Following a meeting with Councillor Luc Thivierge, I am writing to ask the Council of the Municipality of Low to adopt a by-law concerning the procedures for the removal of the beaver dams when they cause shoreline erosion problems, and result in a lack of access to sufficient amounts of water through dry hydrants to the fire department for use in fire fighting.....

**March 9 - letter dated March 2 received from the mayor of the Municipality of Low, Mrs. Carole Robert**

"Following your letter received February 2, by this fact, we have mandated the inspector to check the regulations in this regard.

Indeed, there is already a law in force on the normal flow of watercourses, the dismantling of beaver dams or any other obstruction of watercourses.

**March 14 - email received from the Mayor of La Pêche Municipality**

"The MRC tells me that the firm it mandates for the management of beavers will intervene before the debacle (the breaking up of the ice), but when conditions are more conducive".

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**March 28 – Visit from an assigned person by the MRC des Collines** in order to take pictures of the two major beaver dams’ sites. His report will be sent to both the Municipality of Low and the MRC Vallée de-la-Gatineau.

**March 29 – in person meeting with the Mayor of La Pêche Municipality**

**April 10 – telephone conversation with Low Municipality** – confirming that appropriate measures will be in place.

**Conclusion:**

I have been working since the end of October with both municipalities and both MRCs and we now have an action plan in place. The Municipality of Low will regularly be monitoring the situation and act accordingly; the beaver dams will be removed periodically in order to ensure that the water level in the lake is not too high to cause erosion of the shoreline along Chemin du lac Sinclair, nor too low in the creek that access to water through the Fire Department’s standpipe, where the creek crosses under Chemin Simon, would be adversely affected.

## Hear! Hear!

All members are invited to participate in the writing of the newsletters. Should you have a topic that you wish to communicate through the newsletter, please email me at [jocelyne2855@gmail.com](mailto:jocelyne2855@gmail.com).

## Safe Boating and Civility on the Lake

The peaceful enjoyment of nature with blue herons, loons and other wildlife enriching our lake has been sought by property owners at Lac Sinclair during summer for decades. The canoeists, kayakers, paddle boaters and occasional sailboat have plied the lake under sunny skies for many years. Sharing the lake with motorized personal water crafts, pontoon boats and fishing boats safely navigating the water has always been accepted in the neighbourly spirit.



Ever since the Association was incorporated in the early 70s we have protected the clarity of the lake water, the sustainability of the water fowl, resident wildlife and the shoreline. Most property owners abide by the Municipal noise By-Law allowing the fireworks till 11:00 p.m. Much has been achieved over decades keeping our environment respecting the laws of civility and coexistence with the nature. Let's keep the lake protected from the excessive noise and maintain sustainable environment for future generations.

Remember: maintaining a safe distance of 100 ft or 30 meters from the shore for power boats is a boating safety rule...

*From a text authored by Mr. George Vondracek*

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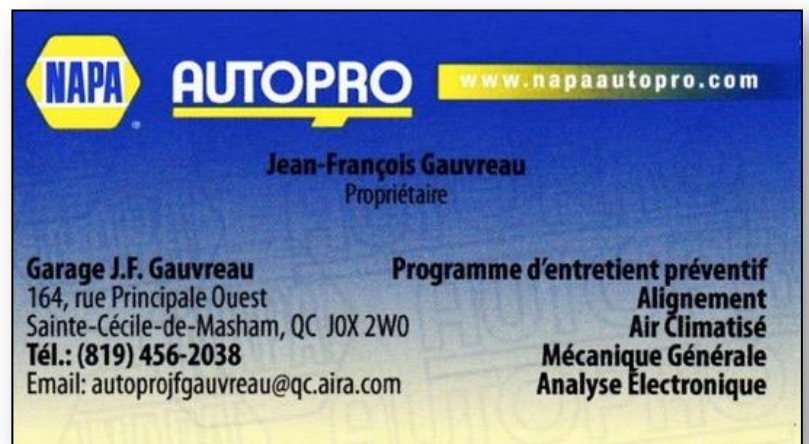
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## Membership Forms

The membership form is included at the very end of this newsletter. The form is also distributed by mail for those who have no email addresses, and are now available at the Dépanneur du lac and the P'tit magasin general in Ste-Sophie d'Aldfield.



# Your Association Online

www.lacsinclair.ca

www.facebook.com/lacsinclairquebec

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POLEA

# From the Archives

*This article was found in the Lac Sinclair Association archives. It has been reprinted.*

## POLLUTION LINES LOGIC

EDUCATE YOURSELF ABOUT POLLUTION AND INFORM OTHERS. Request, the co-operation of your guests at the cottage. Read these guidelines... They will help you and assist your association to do a better job in the prevention of pollution.

DON'T PUT ANY UNNATURAL SUBSTANCES INTO THE LAKE. Don't use it for washing Clothes, Bar-B-Q Stoves, Paint Brushes, or any other items.

NEVER THROW UNUSED ARTICLES IN THE WATER, Beer Cans, Pop Bottles, Plastic Material of any kind. Clean your beach of old tires, rotted and broken down docks, unsightly containers,

MAKE SURE THAT YOUR BOAT ENGINE isn't leaking oil or gas. Don't fill your tank in the boat or on the dock or beach. Each spill adds up to unhealthy water for swimmers and may endanger the fish life.

DON'T USE YOUR MOTOR BOAT UNNECESSARILY. If you're concerned with a good physical fitness, try the oars or a paddle. At any rate avoid using an excessively high power motor if you don't need one. The ever-increasing amount of gas and oil fumes entering the water through excessive motor use have made it necessary at some lakes to ban motors. We don't want it to come to our lake yet. Remember that our prime interest as a cottager is the ultimate benefit gained in a healthy recreational atmosphere.

DON'T USE HIGH PHOSPHATE DETERGENTS or Chemical Fertilizers, Avoid Pesticides.

DON'T USE SHAMPOO IN THE LAKE.

ENSURE THAT YOUR SEEPAGE PIT for sink drainage is at least 100 feet from the high water mark. Build a good soil to guarantee a proper filtration.

ENSURE THAT YOUR SEPTIC TANK is functioning properly. If it needs cleaning never dump the sludge in unauthorized areas. Make sure your tile field meets legal requirements.

MAKE CERTAIN THAT YOUR "Privy" is 100 feet from the high water mark, and properly constructed. Always have an adequate supply of lime or wood ash. Keep it clean and sanitary, it is a serious concern to your family, and the well being of your neighbours.

NEVER LET YOUR "Privy" GET FLOODED. Construct a proper sand bed, high enough to keep it dry. This is most important as runoff will enter the lake.

TAKE YOUR GARBAGE TO A PROPERLY SUPERVISED DUMP. Never discard it along the road. (It is an offense, punishable by law.)

PRESERVE TREES & BRUSHES: They are a good supply of oxygen; Prevent erosion of soil and beautify your lot. Don't cut trees unnecessarily. Protect them.

DON'T BURN DEAD LEAVES; Compost them if you can. Learn how to use part of your kitchen waste for this purpose. Compost makes a good inexpensive fertilizer.

IF THE FISH YOU CATCH IS TOO SMALL, Throw it back, it may live long enough to grow a little bigger.

DO NOT THROW UNUSED BAIT IN THE WATER.

DON'T KILL WILDLIFE UNNECESSARILY, and don't brand yourself trigger happy in the woods. You may upset the balance of nature by disrupting natural lives of their environment.

It is by respecting the well being of your neighbours that you will enjoy the greatest pleasure of your cottage community.



**Gauvreau ski-doo**  
*ski-doo* | *can-am*

4 rue Principale est      Tél.: 819-456-2500  
Ste-Cécile de Masham, Qc J0X 2W0      Téléc.: 819-456-4538

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QUINCAILLERIE



**Lake Sinclair Association  
MEMBERSHIP FORM 2018  
lacsinclairinfo@aol.com**

Please complete this form, then mail it with **your \$25 fee** for this year's membership, to:

Association Lac Sinclair, PO Box 146, La Pêche, Québec J0X 2W0

You can now also join or renew your membership online by following this link:

<http://lacsinclair.ca/membership/membership.htm>

**Renewal:** \_\_\_

**New Member:** \_\_\_

**Name:** \_\_\_\_\_

**Address at Lac Sinclair:** \_\_\_\_\_

**Tel. # at Lac Sinclair:** \_\_\_\_\_ **Tel. # at home:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**Language Preference:** English \_\_\_ Français\_\_\_

**Are you interested in receiving news of the Association via email? YES\_\_\_ NO\_\_\_**

*If yes, please add the Association Lac Sinclair name in your contact list with the following Email address: [lacsinclairinfo@aim.com](mailto:lacsinclairinfo@aim.com)*

**Email address:** \_\_\_\_\_

**Comments:** (How can the Association help you?)

\_\_\_\_\_  
\_\_\_\_\_

**In what way might you be interested in assisting the Association as a volunteer?  
What type of activity would interest you? (Executive, Environment, Social activities, etc)**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Neighborhood Watch Program at Lake Sinclair - 2017**

Service de la Sécurité Publique  
MRC des Collines



To participate in the program  
if already a member, fill in only name and address.  
if a new member, complete entirely the registration form.

Already member: \_\_\_\_\_ New member: \_\_\_\_\_

Surname: \_\_\_\_\_ Given name: \_\_\_\_\_

Street #: \_\_\_\_\_ Street: \_\_\_\_\_ App #: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal code: \_\_\_\_\_

Language: \_\_\_\_\_ E-mail: \_\_\_\_\_ Fax: \_\_\_\_\_

Tel. home: \_\_\_\_\_ Tel. work: \_\_\_\_\_ Tel. cottage: \_\_\_\_\_

Address at lake  
(if different than Residence): \_\_\_\_\_