

F A L L 2 0 1 3

the

# Lac Sinclair

Newsletter



## Inaugural Regatta a Huge Success!

This past July 16<sup>th</sup>, over 100 lake residents and their guests gathered at the baie du chemin de la péninsule to compete in beach games, swimming and boat races. See photos on page 7.



## Our Constitution

### Preparing for the next 20 years

In 1993, the Directors of the Association approved a Constitution that has provided guidance to the Association and its executive committee for the past 20 years. With the development of the Association's website ([www.lacsinclair.ca](http://www.lacsinclair.ca)), the Constitution has been available for members to see at the bottom of our Home page. . Otherwise, hard copies are made available to members upon request. (continued on page 2)

### Association Executive

David Hallman  
Claude Tremblay  
Karen McBride  
Megan Farrell  
Mark Farrell  
Maurice Legros  
André Gauthier  
Luc Vezina

Acting President  
Past President  
Dir, Social & Events  
Dir, Water testing  
Dir, Environment  
Dir, Special Projects  
Dir, Special Projects  
Dir, Website

Contact: 819-456-4474, 613-747-7494

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## Our Constitution

### Preparing for the next 20 years

A very thorough document, the 1993 Constitution provides specific and detailed guidelines on the goals of the Association, the responsibilities of its executive committee, requirements for its annual general meeting (AGM) and much more. In some respects, however, it may be too precise and not flexible enough to meet changing needs. For example, it provides for an AGM in September of each year, whereas in recent years members have expressed a clear preference for a meeting during the summer when more members are likely to be using the lake and are interested in the Association's work and planned activities.

Other areas where the existing Constitution is proving very demanding include formation of the executive committee (e.g. currently, there must be 11 executive officers – a very large number for a group such as ours); holding executive meetings (e.g. 6 of the 11 need to be present for quorum – it is not always easy for 6 to be available at the same time); or holding the annual general meeting (e.g. currently, 30 members of the Association are required for the quorum - this past July, 25 members attended the AGM with the result that it became an information meeting and not one that could take decisions such as electing a new executive). Limitations such as these suggest that maintaining a healthy, functioning Association could become increasingly difficult if not impossible.

Fortunately, the drafters of the 1993 Constitution had the foresight to include a formula by which the document can be amended if agreed to by at least 7 officers of the executive committee. The previous executive committee having remained in place as no new committee officers could be elected in July, they agreed to review the document and to propose changes that would make it easier for the executive to function and to continue to run the organization on behalf of the membership at large. My colleagues tasked me as immediate past president to propose changes that would give us a more flexible document that better reflects our current realities. Over the summer, I made a number of proposals including a smaller executive committee (7 instead of 11); a smaller quorum for executive meetings (4 instead of 6); and a smaller quorum for the AGM (25 members instead of 30). On October 27, 8 officers of the current executive met and approved the proposed amendments. The new document will be posted soon on our website. In the meantime, comparisons of the relevant paragraphs from the 1993 document and the revisions to them that will appear in the 2013 version have been posted under "Constitutional Amendments 2013".

May the revised version of our Constitution serve us as long and as well as the original one!

Brian Le Conte, immediate past president



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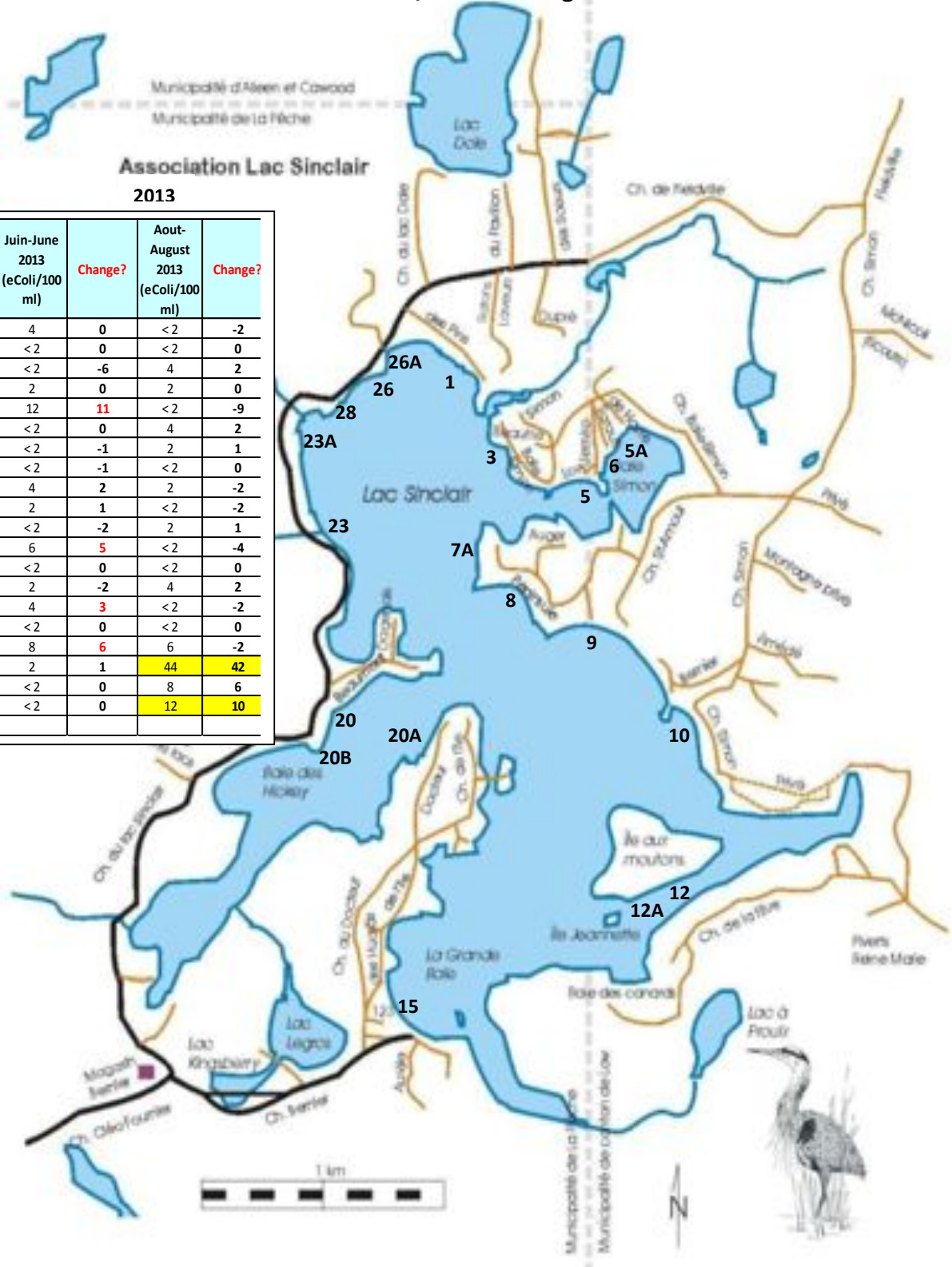
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# Lac Sinclair - E.Coli

Jun et Aout 2013/June and August 2013

Association Lac Sinclair  
2013

Station	Aout-August 2012 (eColi/100 ml)	Jun-June 2013 (eColi/100 ml)	Change?	Aout-August 2013 (eColi/100 ml)	Change?
1	4	4	0	<2	-2
3	1	<2	0	<2	0
5	8	<2	-6	4	2
5A	2	2	0	2	0
6	1	12	11	<2	-9
7A	1	<2	0	4	2
8	2	<2	-1	2	1
9	2	<2	-1	<2	0
10	2	4	2	2	-2
12	1	2	1	<2	-2
12A	4	<2	-2	2	1
15	1	6	5	<2	-4
20	1	<2	0	<2	0
20A	4	2	-2	4	2
20B	1	4	3	<2	-2
23	1	<2	0	<2	0
23A	2	8	6	6	-2
26	1	2	1	44	42
26A	2	<2	0	8	6
28	1	<2	0	12	10
20 Total					



## Fishing Derby

Our 5th annual catch and release fishing derby took place Sunday August 4th from 8 AM to 1 PM. The goal of this event is to promote sport fishing for association members of all ages.

This year, we saw double last year's participation. 29 boats with 99 fishers participated, among them 21 children of age 12 and under, 4 teenagers, 42 adult association members and 32 adult guests.

The competition was divided into 2 categories, children 12 and under and adults. All fish had to be presented to the weigh-in station alive before the end of the derby.



Due to strong winds, the weigh-in, which is usually on a pontoon anchored near Seagull Island, had to be moved to a dock in baie du chemin de la péninsule. Trophies were awarded for the 3 largest fish in each category.

Mr. Stéphane Martin from Pro Staff at **Shimano Canada**, and **Pronature Outaouais**, provided rod and reel combos for the top three places in the 3 under twelve categories and the three top places in the 2 adult categories. Other prizes and gifts were provided by **Ultra Bass Outaouais**, **Techniques Chasse et Pêche** and the **Buckingham Canadian Tire**.

### Children 12 and under, winners:

#### Bass

1<sup>st</sup> place Jacob Percival (9 years old) 2.11 lb.  
2<sup>nd</sup> place Damien Lévesque (5 yrs old) 2.8 lb  
3<sup>rd</sup> place Niko Lévesque (2 yrs old) 2.5 lb

#### Rock Bass

1<sup>st</sup> place Sincia Teinge (3 yrs old) .10 on  
2<sup>nd</sup> place Bryan Roy (7 yrs old) .9 on  
3<sup>rd</sup> place Jean Christophe Coté (12 yrs old) .8 on  
3<sup>rd</sup> place Isabelle Percival (5 yrs old) .8 on

#### Perch

1<sup>st</sup> and 3<sup>rd</sup> place Alexandre Brouillette (3 yrs) .6 on and .4 on  
2<sup>nd</sup> place Jacob Percival (9 yrs old) .5 on

A total of **59 fish** were caught and released.

A draw was held for a stay at Chalet des Rapides, at the **Auberge des cèdres**. The winner was Mr. Claude Pinault.

A special thank you to the organizers and volunteers: Stéphane Martin, David Hallman, Claude Tremblay, Nicole Croteau and also to all participants!

### Division adultes (13 and over), winners:

#### Bass

1<sup>st</sup> place Jean Claude Coté (2.14 lb)  
2<sup>nd</sup> place Eric Leroux (2.12 lb)  
3<sup>rd</sup> place Mathieu Berlinguette (2.11 lb)

#### Pike

1<sup>st</sup> place Martin Gratton (7,13 lb)  
2<sup>nd</sup> place Pat Robert (6,4 lb)  
3<sup>rd</sup> place Eric Leroux (4 lb)





## Please support our sponsors

Your membership fees represent only a portion of the association's budget, which is put towards water testing, navigational buoys, the website, printing this newsletter, and social activities such as the Canada Day fireworks, fishing derby and regatta.



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## 2013 Regatta



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# Water Levels

The Association, with the cooperation of one of its members, has permanently installed a one-meter scale, graduated in centimeters, in order to measure water level changes during the summer. This limnometric scale is located on the northeast side of the lake near "Île aux moutons".



During the 2013 season, between May 24 and October 4, one of our members, Chantal Vaillancourt recorded the levels weekly. Below, in graphic form is a record of all the data obtained.



<i>Week of</i>																			
24/ 05	31/ 05	07/ 06	14/ 06	21/ 06	28/ 06	05/ 07	12/ 08	19/ 07	26/ 07	02/ 08	09/ 08	16/ 08	23/ 08	30/ 08	06/ 09	13/ 09	20/ 09	27/ 09	04/ 10
<i>Water level (cm)</i>																			
68	65	62	61	57	57	55	51	52	48	48	47	43	40	38	36	36	38	37	37

In early Spring 2013, the water level reached a height never seen before. I went to check the water level on April 30. At that time, it was at 99,5 cm. A beaver dam and heavy rains were the causes. With the help of a few members, the beaver dam was dismantled in early May and the water level started to decrease. According to the data obtained, we would note that:

- Starting with the first reading, the level continuously decreased until it reached its lowest level (36 cm) in the first week of September; it thereafter began to increase slightly and was measured at 37 cm in October;
- From the end of June until mid-August, climatic conditions caused the 40 cm mark to be reached only on August 23, compared to July 27 last year, almost one month later;
- This year the lowest level was reached in the first week of September compared to August 3 last year;
- From mid-August to mid-September the continuous decrease in the water level was the result of lack of rain;
- The average water level for 2013 was 48.4 cm, compared to 50.2 cm in 2011 and 46.7 cm in 2012



# Membership Registration 2013

At the end of the 2012 season, the Association had 186 registered members. With this in mind, your Association decided that the goal for 2013 would be to have 200 registered members.

Over the course of the summer, 15 new members not registered in 2012 joined the Association, making us dream of the possibility of reaching our goal.

Unfortunately Mother Nature changed the results. The bad weather of spring and the numerous gloomy weekends in June and July meant that many owners did not come very often to their cottages or never came; consequently, many owners did not renew their membership despite numerous reminders and solicitations on our part. Result: 33 members registered in 2012 did not renew their registration. There are thus officially 168 registered members in 2013.

Claude Tremblay

## Canada Day

Festivities took place on June 29 at Bernier Park. It all started at 8:30 PM with the arrival of singer/song writer Mr. Carol Renaud, who entertained the 200 persons present until 10:30 PM. The fireworks that followed lit up the Lac Sinclair sky and delighted everyone present with their loud noises, bright colours and special effects.

The evening ended with participants gathered around a huge bonfire.

These festivities were held thanks to the collaboration of your Association (fireworks), Mr. Claude Bernier (music) and Mr. Marius Bernier (site organisation, security and event management).

Claude Tremblay

# Thank you

This fall, Claude Tremblay and Nicole Croteau completed their second and last terms as association president and secretary, respectively. The association would like to thank them for their hard work strengthening community spirit and keeping our lake safe and beautiful.



## Your Association Online

[www.lacsinclair.ca](http://www.lacsinclair.ca)

[www.facebook.com/lacsinclairquebec](http://www.facebook.com/lacsinclairquebec)

[www.flickr.com/photos/98988942@N08/sets/](http://www.flickr.com/photos/98988942@N08/sets/)

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# Lac Sinclair Association Membership Form 2014

Please complete the following form and mail it along with a cheque for \$20 made out to Association Lac Sinclair to the following address:

Association du Lac Sinclair  
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Name(s):
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Language preference : Français : ___ English: ___
Would you like to be on the associations mailing list? YES ___ NO ___ If yes, please add the following address to your safe sender's list: <a href="mailto:lacsinclairinfo@aim.com">lacsinclairinfo@aim.com</a>
Email address:
Comments : (How can the association help you?)
We are always looking for volunteers and people to join the association executive. Would you be interested in participating, and in what capacity?